

2019 New Jersey Student Health Survey

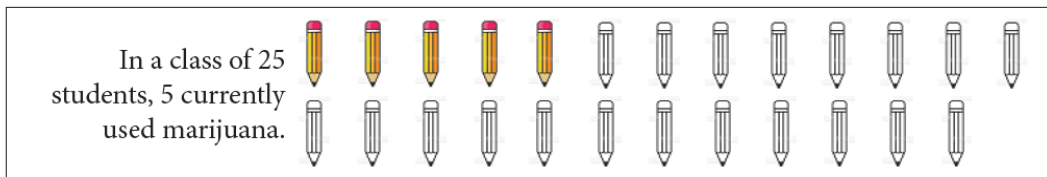
MARIJUANA

Nationwide, marijuana remains the most widely used federally illegal drug.⁽¹⁾ The percentage of high school students who view marijuana use as risky is decreasing.⁽²⁾ Among high school students nationwide in 2019, 36.8% had ever used marijuana, 21.7% currently used marijuana (one or more times in the 30 days before the survey), and 5.6% tried marijuana for the first time before age 13.⁽³⁾

20.1%

of NJ high school students currently used marijuana

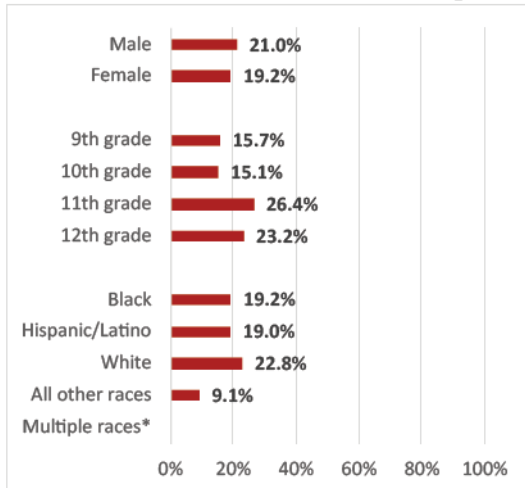
(one or more times during the 30 days before the survey)



New Jersey Student Health Survey Highlights

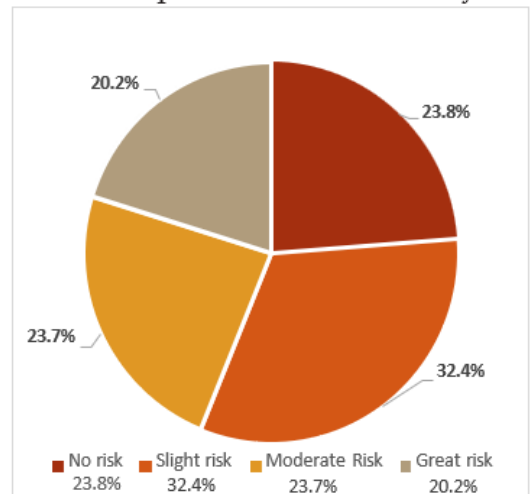
- 32.8% of students have ever tried marijuana one or more times during their life.
- 2.8% of students first tried marijuana before the age of 13.
- 21% of male students currently use marijuana compared to 19.2% of females. 34.1% of males have ever tried marijuana compared to 31.6% of females.

Current Marijuana Use by Demographic



*Fewer than 100 students in this subgroup.

Student Perception of Harm with Weekly Use



Definition

- Current use of marijuana is defined as using it one or more times during the 30 days before the survey.

Additional Detail

- 66.3% of students reported that their parents would feel it was “very wrong” for them to use marijuana.
- 26.8% of students said their friends would feel it was “very wrong” for them to use marijuana.
- In 2009, 20.3% of high school students currently used marijuana.
- In 2009, 35.3% of high school students ever used marijuana.
- In 2009, 4.1% of high school students tried marijuana before the age of 13.

Resources for Schools

- Substance Abuse Prevention Parent Education Program: 973-467-2100, <http://drugfreenj.org/child-break/15-minute-child-break/>
- Blueprints for Healthy Youth Development: blueprints@colorado.edu, <https://www.blueprintsprograms.org/>
- Rutgers -- SECD Lab: STAT.SECDLAB@gmail.com, <https://www.secdlab.org/>
- New Jersey Prevention Network: <https://www.njpn.org/regional-prevention-coalitions>
- Resource Manual For Intervention and Referral Services (I&RS): 609-376-3500, <https://www.nj.gov/education/students/irs/>

Resources for Parents

- Hazelden Betty Ford Foundation: 1-800-257-7810, <https://www.hazeldenbettyford.org/>
- Parent-To-Parent: 856-983-3328, <http://www.parent2parentnj.org/index.php>
- Partnership for Drug-Free Kids: Text CONNECT to 55753, <https://drugfree.org/>
- ReachNJ – Facing Addiction Taskforce: 1-844-ReachNJ, <https://njgov.humanservices/reachnj/>
- Family Check Up: 800-662-4357, <https://www.drugabuse.gov/publications/family-checkup/introduction>

Resources

1. Substance Abuse and Mental Health Services Administration. Key Substance Use and Mental Health Indicators in the United States: Results from the 2019 National Survey on Drug Use and Health. NSDUH Series H-54, HHS Publication No. PEP19-5068. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2019. <http://www.samhsa.gov/data/NSDUH/2k10NSDUH/2k10Results.pdf> Accessed November 2021
2. Johnston L, O'Malley P, Miech R, Bachman J, Schulenberg J. Monitoring the Future National Survey Results on Drug Use: 1975-2015: Overview: Key Findings on Adolescent Drug Use. Ann Arbor, MI: Institute for Social Research, The University of Michigan; 2015.
3. Centers for Disease Control and Prevention. 2019 Youth Risk Behavior Survey Data. Available at: www.cdc.gov/yrbs. Accessed November 2021